



TROUW
SPECIALIST IN BUCKWHEAT
AND GLUTEN FREE PROCESSING

Product	Standard Packaging type	Conventional quality	Organic quality	Gluten free <20 ppm
<i>Package size may vary on request</i>				
Buckwheat products				
buckwheat (hulled, unhulled)	Available in different types of packaging	✓	✓	✓
buckwheat flakes	Available in different types of packaging	✓	✓	✓
buckwheat flour (normal or roasted)	Available in different types of packaging	✓	✓	✓
buckwheat grits fine	Available in different types of packaging	✓	✓	✓
buckwheat grits large	Available in different types of packaging	✓	✓	✓
buckwheat grits medium	Available in different types of packaging	✓	✓	✓
buckwheat grits mix	Available in different types of packaging	✓	✓	✓
buckwheat roasted "Kasha"	Available in different types of packaging	✓	✓	✓
buckwheat flakes extruded	Available in different types of packaging	✓	✓	✓
instant flakes buckwheat natural	Available in different types of packaging	✓	✓	✓
instant flakes buckwheat with honey	Available in different types of packaging	✓	✓	✓
puffed buckwheat natural	Available in different types of packaging	✓	✓	✓
puffed buckwheat with honey	Available in different types of packaging	✓	✓	✓
Vegan mixes				
burger mix Indian style	Available in different types of packaging	✓	✓	✓
burger mix Moroccan style	Available in different types of packaging	✓	✓	✓
cake mix vanilla (preparation without eggs)	Available in different types of packaging	✓		✓
mince mix (Mince meat & Meatballs)	Available in different types of packaging	✓		✓
omelet mix	Available in different types of packaging	✓	✓	✓
egg replacer (whole egg replacer)	Available in different types of packaging	✓	✓	✓
egg white replacer	Available in different types of packaging	✓	✓	✓
Gluten free grains				
amaranth	Available in different types of packaging	✓	✓	✓
gluten free oats	Available in different types of packaging	✓	✓	✓
rice white	Available in different types of packaging	✓	✓	✓
rice wholegrain	Available in different types of packaging	✓	✓	✓
couscous instant (corn)	Available in different types of packaging	✓		✓
millet hulled	Available in different types of packaging	✓	✓	✓
polenta instant	Available in different types of packaging	✓	✓	✓
popcorn mais	Available in different types of packaging	✓	✓	✓
sorghum (white)	Available in different types of packaging	✓	✓	✓
teff (brown, white)	Available in different types of packaging	✓	✓	✓
Flours				
almond flour (flour,protein,defatted flour)	Available in different types of packaging	✓	✓	✓
almond flour natural (with husk)	Available in different types of packaging	✓	✓	✓
almond bran / fibre	Available in different types of packaging	✓		✓
amaranth flour	Available in different types of packaging	✓	✓	✓
banana flour (plantain)	Available in different types of packaging	✓	✓	✓
buckwheat flour	Available in different types of packaging	✓	✓	✓
buckwheat flour roasted (kasha)	Available in different types of packaging	✓	✓	✓
chestnut flour	Available in different types of packaging	✓	✓	✓
chickpea flour	Available in different types of packaging	✓	✓	✓
coconut flour	Available in different types of packaging	✓	✓	✓
coffee flour (coffee berries)	Available in different types of packaging	✓		✓
corn flour	Available in different types of packaging	✓	✓	✓
corn starch	Available in different types of packaging	✓	✓	✓
fonio flour	Available in different types of packaging	✓		✓
grape seed flour	Available in different types of packaging	✓	✓	✓
hazelnut flour	Available in different types of packaging	✓	✓	✓
hemp flour	Available in different types of packaging	✓	✓	✓
lentil flour (green)	Available in different types of packaging	✓	✓	✓
lentil flour (red)	Available in different types of packaging	✓	✓	✓
lentil flour (yellow)	Available in different types of packaging	✓	✓	✓
lupin flour	Available in different types of packaging	✓	✓	✓
manioc flour	Available in different types of packaging	✓	✓	✓
millet flour	Available in different types of packaging	✓	✓	✓
mung bean flour	Available in different types of packaging	✓	✓	✓



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oat flour	Available in different types of packaging	✓	✓	✓
pea protein	Available in different types of packaging	✓	✓	✓
potato starch	Available in different types of packaging	✓	✓	✓
psyllium fibres	Available in different types of packaging	✓	✓	✓
pumpkin flour (protein)	Available in different types of packaging	✓	✓	✓
quinoa flour	Available in different types of packaging	✓	✓	✓
rice flour (brown)	Available in different types of packaging	✓	✓	✓
rice flour (white)	Available in different types of packaging	✓	✓	✓
sesame flour	Available in different types of packaging	✓		✓
sorghum flour	Available in different types of packaging	✓	✓	✓
soy flour non - toasted (enzyme active)	Available in different types of packaging	✓	✓	✓
soy flour toasted (enzyme inactive)	Available in different types of packaging	✓	✓	✓
sweet potato flour	Available in different types of packaging	✓		✓
tapioca starch	Available in different types of packaging	✓	✓	✓
teff flour (white & brown)	Available in different types of packaging	✓	✓	✓
tigernut flour (coarse)	Available in different types of packaging	✓	✓	✓
tigernut flour (fine)	Available in different types of packaging	✓	✓	✓
white bean flour	Available in different types of packaging	✓	✓	✓
Baking mixtures				
almond baking mix	Available in different types of packaging	✓	✓	✓
almond paste mix	Available in different types of packaging	✓	✓	✓
american pancake mix "breakfast style"	Available in different types of packaging	✓	✓	✓
baking mix spiced cookie "kruidnoten"	Available in different types of packaging	✓	✓	✓
baking mix gingerbread cookie	Available in different types of packaging	✓	✓	✓
banana bread mix	Available in different types of packaging	✓	✓	✓
bean bread mix (protein)	Available in different types of packaging	✓	✓	✓
bread mix brown	Available in different types of packaging	✓	✓	✓
bread mix fibre rich	Available in different types of packaging	✓	✓	✓
bread mix fibre rich lactose free	Available in different types of packaging	✓	✓	✓
bread mix low carb	Available in different types of packaging	✓		✓
bread mix mix me	Available in different types of packaging		✓	✓
bread mix white	Available in different types of packaging	✓	✓	✓
bread mix with teff	Available in different types of packaging	✓	✓	✓
brownie mix	Available in different types of packaging	✓		✓
brownie mix	Available in different types of packaging	✓		✓
cake mix caramel "stroopwafel"	Available in different types of packaging	✓		✓
cake mix chocolate	Available in different types of packaging	✓		✓
cakemix lemon	Available in different types of packaging	✓	✓	✓
cake mix naturel	Available in different types of packaging	✓	✓	✓
cake mix vanilla	Available in different types of packaging	✓	✓	✓
cake mix with spices	Available in different types of packaging	✓	✓	✓
Dutch doughnut mix "Oliebollen"	Available in different types of packaging	✓		✓
fish batter mix	Available in different types of packaging	✓		✓
flour mix	Available in different types of packaging	✓	✓	✓
muffin mix chocolate	Available in different types of packaging	✓		✓
muffin mix vanilla Low carb	Available in different types of packaging	✓		✓
muffin mix fruit	Available in different types of packaging	✓		✓
oat bread mix	Available in different types of packaging	✓	✓	✓
pancake mix "crêpe style"	Available in different types of packaging	✓	✓	✓
pancake mix Low carb "breakfast style"	Available in different types of packaging	✓	✓	✓
pancake mix protein	Available in different types of packaging	✓	✓	✓
pastry mix	Available in different types of packaging	✓		✓
pizza mix	Available in different types of packaging	✓	✓	✓
Poffertjes mix "small Dutch pancakes"	Available in different types of packaging	✓		✓
raisin bread mix	Available in different types of packaging	✓	✓	✓
red velvet mix	Available in different types of packaging	✓		✓
scones baking mix	Available in different types of packaging	✓		✓
universal baking mix / self-rising	Available in different types of packaging	✓	✓	✓
waffle mix	Available in different types of packaging	✓	✓	✓



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Flakes				
amaranth Flakes	Available in different types of packaging	✓	✓	✓
buckwheat flakes	Available in different types of packaging	✓	✓	✓
chickpea flakes	Available in different types of packaging	✓	✓	✓
cornflakes	Available in different types of packaging	✓	✓	✓
Instant buckwheat natural	Available in different types of packaging	✓	✓	✓
Instant buckwheat with honey	Available in different types of packaging	✓	✓	✓
millet flakes	Available in different types of packaging	✓	✓	✓
oat flakes (small, large)	Available in different types of packaging	✓	✓	✓
red lentil flakes	Available in different types of packaging	✓	✓	✓
quinoa flakes	Available in different types of packaging	✓	✓	✓
rice flakes	Available in different types of packaging	✓	✓	✓
sorghum flakes	Available in different types of packaging	✓	✓	✓
soy flakes	Available in different types of packaging	✓	✓	✓
teff flakes	Available in different types of packaging	✓	✓	✓
tigernut Flakes	Available in different types of packaging	✓	✓	✓
Puffed products				
puffed amaranth	Available in different types of packaging	✓	✓	✓
puffed buckwheat natural	Available in different types of packaging	✓	✓	✓
puffed buckwheat with honey	Available in different types of packaging	✓	✓	✓
Puffed oats	Available in different types of packaging	✓	✓	✓
Puffed rice	Available in different types of packaging	✓	✓	✓
Puffed sorghum	Available in different types of packaging	✓	✓	✓
Puffed teff	Available in different types of packaging	✓	✓	✓
Puffed quinoa	Available in different types of packaging	✓	✓	✓
Grits				
buckwheat grits fine	Available in different types of packaging	✓	✓	✓
buckwheat grits large	Available in different types of packaging	✓	✓	✓
buckwheat grits medium	Available in different types of packaging	✓	✓	✓
buckwheat grits mix	Available in different types of packaging	✓	✓	✓
corn grits	Available in different types of packaging	✓	✓	✓
Pulses				
beluga lentils	Available in different types of packaging	✓	✓	✓
black beans	Available in different types of packaging	✓	✓	✓
black eyed beans	Available in different types of packaging	✓	✓	✓
black lentils	Available in different types of packaging	✓	✓	✓
brown beans	Available in different types of packaging	✓	✓	✓
brown lentils	Available in different types of packaging	✓	✓	✓
chickpeas (7 mm, 8 mm)	Available in different types of packaging	✓	✓	✓
flageolets green	Available in different types of packaging	✓	✓	✓
green lentils	Available in different types of packaging	✓	✓	✓
green speckled lentils	Available in different types of packaging	✓	✓	✓
green peas	Available in different types of packaging	✓	✓	✓
green split peas	Available in different types of packaging	✓	✓	✓
kidney beans (dark red)	Available in different types of packaging	✓	✓	✓
marrowfats peas	Available in different types of packaging	✓	✓	✓
mung beans	Available in different types of packaging	✓	✓	✓
pinto beans	Available in different types of packaging	✓	✓	✓
red lentils (split, football)	Available in different types of packaging	✓	✓	✓
white beans (small, large)	Available in different types of packaging	✓	✓	✓
white split lentils	Available in different types of packaging	✓	✓	✓
yellow lentils	Available in different types of packaging	✓	✓	✓
Yellow split peas	Available in different types of packaging	✓	✓	✓
Seeds				
chia seeds	Available in different types of packaging	✓	✓	✓
flaxseed (yellow, brown, broken)	Available in different types of packaging	✓	✓	✓
hemp seeds hulled	Available in different types of packaging	✓	✓	✓
hemp seeds unhulled	Available in different types of packaging	✓	✓	✓
pumpkin seeds (shine skin AA, GWS AA)	Available in different types of packaging	✓	✓	✓

Product	Standard Packaging type	Conventional quality	Organic quality	Gluten free <20 ppm
quinoa white	Available in different types of packaging	✓	✓	✓
quinoa black	Available in different types of packaging	✓	✓	✓
quinoa red	Available in different types of packaging	✓	✓	✓
quinoa duo (red & white)	Available in different types of packaging	✓	✓	✓
quinoa tricolore (red, black & white)	Available in different types of packaging	✓	✓	✓
sesame seeds (hulled)	Available in different types of packaging	✓	✓	✓
sesame seeds naturel (unhulled)	Available in different types of packaging	✓	✓	✓
sesame seeds toasted	Available in different types of packaging	✓	✓	✓
sunflower seeds	Available in different types of packaging	✓	✓	✓
Baking ingredients				
baking powder	Available in different types of packaging	✓	✓	✓
breadcrumbs	Available in different types of packaging	✓		✓
coconut blossom sugar	Available in different types of packaging		✓	✓
cocoa powder	Available in different types of packaging	✓		✓
corn starch (native)	Available in different types of packaging	✓	✓	✓
corn starch (pregelatenized)	Available in different types of packaging	✓	✓	✓
locust bean gum	Available in different types of packaging	✓		✓
potato starch native	Available in different types of packaging	✓	✓	✓
psyllium fibre powder 99%	Available in different types of packaging	✓	✓	✓
salt (iodised or normal)	Available in different types of packaging	✓		✓
sea salt	Available in different types of packaging	✓		✓
skimmed milk powder (also lactose free)	Available in different types of packaging	✓	✓	✓
soy lecithin	Available in different types of packaging	✓	✓	✓
sunflower lecithin	Available in different types of packaging	✓	✓	✓
sweet whey powder	Available in different types of packaging	✓		✓
xanthan gum	Available in different types of packaging	✓		✓
Breakfast cereals				
cornflakes	Available in different types of packaging	✓	✓	✓
crunchy Oats	Available in different types of packaging	✓	✓	✓
crunchy Honey & Nuts	Available in different types of packaging	✓		✓
granola Apple & Cinnamon	Available in different types of packaging	✓	✓	✓
granola Low carb keto	Available in different types of packaging	✓		✓
granola Pistache & Dates	Available in different types of packaging	✓	✓	✓
granola Pulses & Seeds	Available in different types of packaging	✓		✓
granola Red berry & Chocolate	Available in different types of packaging	✓	✓	✓
granola Roasted Buckwheat, Nuts & Seeds	Available in different types of packaging	✓	✓	✓
muesli Basic	Available in different types of packaging	✓	✓	✓
muesli Low carb	Available in different types of packaging	✓	✓	✓
muesli Red fruit	Available in different types of packaging	✓	✓	✓
muesli Tropical	Available in different types of packaging	✓	✓	✓
oat bran	Available in different types of packaging	✓	✓	✓
oat porridge Apple & cinnamon	Available in different types of packaging	✓	✓	✓
oat porridge Chocolate	Available in different types of packaging	✓		✓
omega-3 seed mix	Available in different types of packaging	✓	✓	✓
seed mix	Available in different types of packaging	✓	✓	✓

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Trouw B.V. is a FSSC22000, SKAL, GMP and Kosher certified company